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Q² Solutions How Do I...? Guides for Site Coordinators

How Do I Collect a Clean-Catch for Urine Culture Samples?

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How do I Collect a Clean-Catch for Urine Culture Samples

Females

Wipe between the vagina labia with soapy water; rinse well

Males

Wipe clean the head of the penis





Urinate the first small amount into the toilet bowl to clear the urethra of contaminants



Collect a sample of urine into the container



Remove the container from the urine stream without stopping the flow



The patient may finish voiding into the toilet bowl

Please Note: Antiseptics should not be used as they may prevent the growth of bacteria during the culture

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